

# Tea Gardens Public School

Witt Street, Tea Gardens, 2324  
7/10/2014 Week 1 Term 4

## PRINCIPAL'S REPORT



Congratulations to Alex Hinitt and Joshua Howarth who are our Students of the Week. Alex and Josh were awesome hosts at our school concert last term. Thanks for all your work in ensuring we were kept entertained throughout the concerts. Well done, Alex and Joshua and congratulations on being named our students of the week!

### Bouquets

#### **Science and Engineering Challenge**

Congratulations to our Year 5 and Year 6 boys who were crowned the Science and Engineering Challenge champions at St Peters Campus, Maitland on Thursday 18 September, 2014. Our groups completed two half day science and engineering challenges against other schools. Well done boys!

Sincere thanks to the Rotary Club for covering the transport and lunch costs on the day, enabling our students to be part of this challenge.

#### **Voluntary Contribution Draw- and the winner is ...**

the Nickle family. Congratulations on winning the bike at our assembly on 19<sup>th</sup> September.

### What's New

The Army Classroom now has brand new air-conditioning which I am sure the class will enjoy over the coming months. Many thanks are extended to the families who supported our fundraising efforts via the Aerobics for an Air conditioner and to the families who paid the 2014 Voluntary Contribution. Your combined efforts have assisted us in being able to achieve our goal.

### Coming Up

Next Monday, our school debating team will once again lock horns with representatives from the Rotarians in the annual debate. The debate commences at 6.30pm at the Country Club.

### **P & C Meeting**

Will be held next Tuesday commencing at 7pm in the school library.

## **Term 4 Weekly Assembly Roster**

Assembly commences at 9:10am each Friday.

Parents and community members are most welcome to attend.

Week 1	10/10/14	Ministers
Week 2	17/10/14	The Mob
Week 3	24/10/14	The Colony
Week 4	31/10/14	The Team
Week 5	7/11/14	Ministers
Week 6	14/11/14	The Army
Week 7	21/11/14	Ministers
Week 8	28/11/14	The Pride
Week 9	5/12/14	No assembly today due to Presentation Day Assembly
Week 10	12/12/14	TBA

## **Starting School- Kindergarten 2015**

If you have yet to register your children as part of our Kindy 2015 intake, please contact the school ASAP to assist with planning. You can do this either by calling in, phoning the school on 0249970286 or emailing the school at [teagardens-p.school@det.nsw.edu.au](mailto:teagardens-p.school@det.nsw.edu.au)

We are busily preparing for our Kindergarten Orientation Program which runs during Term 4. This vital program assists with the transition from home / pre-school / day-care to "big school".

The dates for our Kindergarten Orientation program are as follows:

Thursday 30 October 2014 from 9-11am. (This day also includes a parent information and question and answer session).

Thursday 6 November 2014 from 9-11am

Thursday 13 November 2014 from 9-11am

Thursday 20 November 2014 from 9-11am

## **2014 Annual Satisfaction Survey – Parent Edition. Win a \$50 COLES Gift Card!!!!**

Don't miss out on having your say. Preliminary results from the satisfaction survey will be tabled at our P&C meeting next Tuesday evening.

The 2014 survey is accessible via a link:

<https://www.surveymonkey.com/s/3QH763W>

## **The Duck Derby is back!**

Tickets for ducks are \$5 per duck. Numbers available from office. Further details and prizes in next week's newsletter.

## **Library Days –Term 4**

A number of changes to class library times / days have occurred.

The new library days for Term 4 are as follows:

### **Tuesday**

Team (Mrs Howard)

Mob (Ms Maloney)

Colony (Miss Duncan / Miss Cameron)

Pod (Mrs Ingram)

### **Wednesday**

Corps (Mr Weightman)

Troop (Mrs Fowler)

### **Thursday**

Armada (Miss Winney)

Mob (Ms Maloney)

Troop (Mrs Murrell)

Pride (Mrs Booth)

Army (Mrs Andrews)

Our relieving librarian, Miss Cooper is at school Tuesday – Thursday each week. Although the set library days are listed above, books may be borrowed at lunchtime on library days. Books may also be returned before school, at lunchtime or after school Tuesday – Thursday each week.

### **School Uniform**

With the weather warming up, it is an appropriate time to seek your assistance to ensure your children come to school appropriately dressed. The following are the current school uniform requirements.

### **GIRLS UNIFORM**

#### **SUMMER:**

Dress

Blue polo shirt and navy culottes

White socks

Black shoes

#### **SPORT:**

Maroon shorts and yellow polo shirt

Navy track pants

White sock and white joggers

Navy Zipper Jacket

Bucket hat

### **BOYS UNIFORM**

#### **SUMMER:**

Grey short and blue polo shirt

Grey socks

Black shoes

#### **SPORT:**

Maroon shorts and yellow polo shirt

Navy track-pants

White socks and white joggers

Navy Zipper Jacket

Bucket hat

Your support in the matter is greatly appreciated.

**Mark Clemson**

**Principal**

### **Tricks for encouraging kids to read**

Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they've enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school. School A to Z has lots of tips and ideas on encouraging your child to read, at <http://bit.ly/HLPmB9>

### **How much water does your child really need?**

Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don't feel thirsty until they are already dehydrated, so packing a drink bottle with your child's

school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar. To find out the recommended daily intake of water for your child's age at <http://bit.ly/ZjwUjo>

### **Private tutoring**

Are you thinking about a private tutor to complement your child's education? School A to Z explores questions about what to look for in a tutor, what you would want your child to achieve and tips on what to ask a potential tutor.

<http://bit.ly/K5aczo>

### **Leaving your child at home alone**

At some point it will be necessary to leave your child home alone for a short period of time. There is no actual law in Australia that states what age a child can be left alone, but parents are legally responsible for their child's safety and wellbeing. You may be nervous the first few times (although most kids are excited about the independence) so making some clear 'home alone' rules with your child gives them an understanding of their boundaries and how to stay safe.

Read more here: <http://bit.ly/1u5vTa9>

### **Team sports – more than health benefits**

As well as helping kids stay fit and healthy, team sports help them learn that things don't go their way all the time and that they need to respect their peers. Sports also help children and teens with resilience, how to respond to setbacks and loads more benefits discussed here: <http://bit.ly/HlgxVO>

### **Golf Term 4, 2014**

This term golf will be held on Monday afternoons between 4 pm and 5 pm. Golf will commence on Monday of Week 3 (20th October). All students welcome - participation is free. Mr Weightman

### **Science and Engineering Discovery Day**

Last term, students from years 5 and 6 were selected to go to the Maitland Science and Engineering Day to represent our school. The day was filled with problem solving and teamwork. Students had to work together to complete tasks including building strong bridges, designing air propelled cars, generating electricity for towns and splitting water into groups using small hoses and taps. 8 school groups competed on the day and our school won the trophy by coming 1st. We had a second group compete who also did extremely well and came 5th. Congratulations Stage 3. Miss Duncan and Miss Winney.





## Science and Engineering Discovery Day (continued)



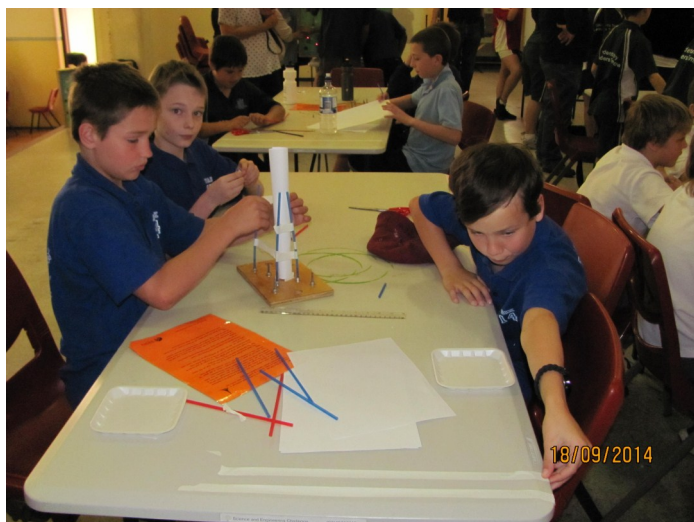
Find out if you're eligible  
for the PVC subsidy at  
[transport.nsw.gov.au/pvc](http://transport.nsw.gov.au/pvc)

If you're not close to public transport and need to drive a student to a bus stop or school, the Private Vehicle Conveyance (PVC) subsidy can provide twice-a-year payments to help you cover the expenses.

### Can't get online?

Ask about the PVC subsidy at the school or call 1800 010 123 for more information.

To apply online and see full  
terms and conditions visit  
[transport.nsw.gov.au/pvc](http://transport.nsw.gov.au/pvc)



TfNSW M364 10/13 - PVC 07 10/13

## SCHOOL SUMMER UNIFORMS—ORDER

Please order girl's summer dress uniforms as soon as possible. The cost per uniform is \$50 from size 4 to 16. Please send your orders in early, so that we can order enough stock.

	Size	Qty	\$	Price ea
Girls Summer Uniform	_____	_____	_____	\$50
Short Sleeve Blue Polo	_____	_____	_____	\$18
Short Sleeve Yellow Polo	_____	_____	_____	\$18
Grey Shorts	_____	_____	_____	\$15
Maroon Sport Shorts	_____	_____	_____	\$12
Girls Navy Culottes	_____	_____	_____	\$20
Girls White Socks	9-12 , 13-3, 2-8	_____	_____	\$14 /5pair
Boys Grey Socks	9-12, 13-3, 2-8	_____	_____	\$14 /5pair
Bucket Hat	S/M M/L	_____	_____	\$12

Student Name: \_\_\_\_\_

Total \$ \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone: \_\_\_\_\_

## Good for Kids good for life

### Fundamental Movement Skills

**Did you know?.....**Children do not automatically know how to catch, throw, kick, run and jump<sup>1</sup>. These are known as fundamental movement skills (FMS). In the same way children need to learn the alphabet in order to read, they need to learn basic movement skills in order to lead a physically active, healthy life.

Our school is committed to providing students with opportunities to practise these skills within their PE lessons, school sport, using playground markings, fixed equipment and access to equipment such as balls, skipping ropes etc.

There are many ways parents can support their children to practice these skills at home, which include:

- Encouraging them to play in the backyard, dance to music, run or swim or play sports
- Encourage children to make their own obstacle course at home using the garden hose as a tight-rope, chairs to crawl under and the clothes line to run around.
- Negotiate a limit on sedentary activities such as watching TV and playing computer games

Below is a home fun activity that you can enjoy with your children:

**Rebound Catch<sup>2</sup>** Using a brick wall and a ball practise catching for 10 minutes. Throw the ball (soft medium-sized ball) at the wall under-arm and try to catch the ball with two hands.

See how many times you can catch the ball off the wall without letting the ball touch the ground, standing:

- 2m away from the wall
- 3m away from the wall
- 4m away from the wall

Write down your highest score and work towards improving it each time.



PHONE 1300 657 197

### STUDENT BANKING TUESDAYS

10 Tokens redeemed  
for each of the  
following items

Term 4

- Dollarmites
- Moneybox
- Swimming Bag
- Projector Cup
- Sea Streamers



# Merit Awards

Congratulations to the following students who received a merit award on Friday 19th September 2014. They were:

### PRIDE

Sam Alchin Improvement in reading  
Cameron O'Brien Excellent progress with his sight word recall

### ARMY

Ananthu Devadas Great reading skills  
Boston Marchant Great reading skills

### TEAM

Anthony McMahon For being a fabulous Prince Ali  
Blade Connell For reading confidently to the teacher

### MOB

Taylah Krohn For her improvement in writing  
Mia McDonald For her excellent progress in reading and writing

### POD

Kaitlyn Smith Her enthusiastic effort while writing an Information Report  
Lilly-Ann White For being a reliable and friendly class member

### TROOP

Caylen Vaerua Continued improvement in all areas  
Jake Working well in class

### CORPS

Zane Ridley Great compass work  
Luke McCarthy Great work in spelling

### COLONY

Cooper O'Bryan Ingenuity and behaviour on excursion  
Mia Reilly Ingenuity and behaviour on excursion

### ARMADA

Ben Charlton Fantastic behaviour at the Science Engineering Day  
Ben Woolard Working well in class

## CANTEEN NEWS TERM 4 WEEK 1

**WEDNESDAY 8th October** (Danielle Driscoll, Karen Stewart-Katz)

Roast Pork and Apple Sauce or Gravy Rolls \$4.50

**THURSDAY 9th October** (Danielle Driscoll, Leanne Whitby)

Chicken Salad Wraps \$4.50

**FRIDAY 10th October** (Danielle Driscoll, Bill Ewen, Lee Burgess)

Spaghetti Bake \$4.50

### DRINKS SOLD SEPARATELY

Milk (Chocolate, strawberry, banana, plain) \$1.20

Bottled Water—Large \$1.50

Bottled Water—Small \$1.00

Juice (apple, orange, apple/blackcurrant) 200ml \$1.00

Juice (apple, orange, apple/blackcurrant) 250ml \$1.30

Milo (hot or cold) \$1.00



## Key points to remember around schools

### 1 In and out of the car

To comply with national child restraint laws, your child should be restrained in the car as follows:

0 – 6 months

Approved rearward-facing child car seat

6 months – 4 years

Approved rearward-facing or forward-facing child car seat

4 – 7+ years

Approved forward-facing child car seat or booster seat.

Make a rule that every child passenger must be securely buckled into a seatbelt or child car seat before you start the car.

A sleeping child must remain firmly buckled up while the car is in motion.

Reward your child with lots of praise for good road safety behaviour.

Assist your young child to buckle up – always check the buckle and make sure the belt is not twisted.

Ensure your children always get in and out of the car through the 'safety door'. This is the rear kerb side door of the car.

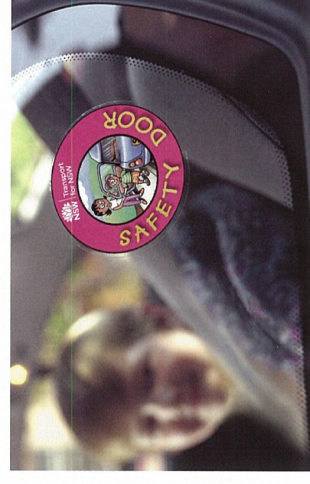
Never allow children to get out of the car on the traffic side.

When possible, children should remain in the car until an adult opens the 'safety door'. This helps ensure that children get out of the car safely.

Children aged between four and seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child car seat.

A child that is properly secured in an approved child car seat is less likely to be killed or injured in a car crash than one who is not.

NEVER leave a child of any age in a vehicle without supervision. A small child may rapidly suffer from dehydration, heat exhaustion and consequent organ failure. Older children could play games that may lead to danger.



For more information visit  
[roadsafety.transport.nsw.gov.au](http://roadsafety.transport.nsw.gov.au)

NEWPSYCH PSYCHOLOGISTS PRESENTS

# HAPPINES

ALL THINGS CONSIDERED



WHAT MAKES US HAPPY?  
COME ALONG TO THIS FREE COMMUNITY EVENT & LEARN MORE.

NEWPSYCH PSYCHOLOGISTS

15 QUEEN ST  
COOKS HILL

**HAPPY FAMILIES 10 AM - 11 AM**  
Dr Matthew Jepsen & Tarnya Davis - Clinical Psychologists

**HAPPY BODIES 11 AM - 1 PM**  
Dr Emma Gallagher - Clinical Psychologist  
Ray Kelly - Exercise Physiologist  
Dr Mick Hunter - Conjoint Associate Professor, School of Psychology, University of Newcastle  
Richard Kelly - Yoga Instructor & Surfer

**HAPPY MINDS 1 PM - 4:30 PM**

Meg Spry - Psychologist  
Ben Fletcher - Clinical Psychologist  
Shane Pascoe - Psychologist  
Chris Kelly - Comedian  
Owen Graigie - Gambling Counsellor  
Dr Chris Wellard - Psychiatrist



4.30pm ABC's Helen Clare  
interviewing Tarnya Davis about  
her new book  
**All Things Considered**  
Fresh perspectives on kids, families,  
love, life and happiness.



[newpsychpsychologists.com.au](http://newpsychpsychologists.com.au)  
ph - 02 49265005







Education &  
Communities

Public Schools NSW

## Ensure your child gets the best start: Kindergarten 2015 Orientation Program



**At Tea Gardens Public School, we want you to feel informed and confident about starting school. Join us for our Kindergarten Orientation Program for a taste of life at our great school.**

Starting school can be both an exciting and anxious time for parents and children. It's important to us that you get good information to make the start of school an enjoyable experience for you and your child. Come and participate in the excitement of this new phase in your child's education. Our Kindergarten Orientation Program is designed for this purpose.

From the moment you and your child enter our school, you'll find our highly qualified staff ready to give you all the advice and guidance to get started. You'll find that support will continue throughout your child's education at Tea Gardens.

Our Kindergarten Orientation program takes place over four weeks in Term 4. During this time, the children spend time in the classrooms with teachers and other students.

Meanwhile, parents are offered an information session at our first Orientation session on Thursday 30 October 2014 on a range of topics including:

- Is my child ready for school?
- The First Day
- The A-Z guide to Tea Gardens
- What is Best Start?
- What do students learn in Kindergarten?
- How can parents participate?
- Our Uniform
- Attendance
- What if my child has special needs?
- The role of the School Counsellor

You will take a tour around our first class facilities and meet the Principal and staff who can answer all of your questions.

We look forward to working together to provide the best possible start for your child.

For more information about our Kindergarten Orientation program, contact one of the following:

- Principal, Mark Clemson,
- Kindergarten Team Leader, Christine Maloney, or
- Best Start coordinator, Debbie Booth

on 4997 0286 or send an email to [teagardens-p.school@det.nsw.edu.au](mailto:teagardens-p.school@det.nsw.edu.au)

**Come and see our vibrant learning community in action on:**

Thursday	30 October
Thursday	6 November
Thursday	13 November
Thursday	20 November
Time:	8:55am–10:55am

Tea Gardens Public School  
25 Witt Street  
Tea Gardens NSW 2324  
Phone: 4997 0286